

IMPORTANT

Computer No: 3123539
File No: F-11019/1/2015-Admn-V
Government of India
Ministry of Housing and Urban Affairs

Nirman Bhawan, New Delhi-110011
Dated: 28 May, 2018

OFFICE MEMORANDUM

Subject: Celebration of 4th International Day of Yoga on 21st June, 2018-Reg.

The undersigned is directed to forward herewith a copy of DO letter of Secretary, Ministry of AYUSH, Govt. of India, on the subject above for compliance.

This issues with the approval of the Competent Authority.

Encl: As stated above.

Signature Not Verified
Digitally signed by RAM SINGH
Date: 2018.05.29 09:10:11 IST

(Ram Singh)
Under Secretary to the Govt. of India

To,

1. All the Attached Offices of the MoHUA (Through email)
2. All Sub-ordinate Offices of the MoHUA (Through email)
3. All the PSUs of MoHUA (Through email)
4. All the Statutory and Autonomous Offices of MoHUA (Through email)
5. SO, IT Cell for uploading the OM on eOffice portal and also ensure sharing of the Yoga Prayer and Common Yoga Protocol Video on website of MoHUA.

Copy for Information to:

1. PPS to Secretary, HUA

NBO/Adm

We may require the assistance of NIC for hosting on NBO websites as per instructions at para 344 of d.o. Letter dt. 18.05.2018 (attached). Submitted for approval.

~~HOD/DIR (NBO)~~

HOD/DIR (NBO)

TD, NIC

29/5/2018

V. Parthasarathy
31/5/2018

for my
29/5/2018

ho/Adm
29/5



सत्यमेव जयते

वैद्य राजेश कोटेचा
Vaidya Rajesh Kotecha



एक कदम स्वच्छता की ओर



सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा

यूनानी, सिद्ध, सोवा रिग्पा एवं होम्योपैथी (आयुष) मंत्रालय

आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,

आई.एन.ए. नई दिल्ली-110023

SECRETARY

GOVERNMENT OF INDIA

MINISTRY OF AYURVEDA, YOGA & NATUROPATHY

UNANI, SIDDHA, SOWA-RIGPA AND HOMOEOPATHY (AYUSH)

AYUSH BHAWAN, B-BLOCK, GPO COMPLEX

INA, NEW DELHI-110023

Tel : 011-24651950, Fax : 011-24651937

E-mail : secy-ayush@nic.in

D.O. No. Z-28021/111/2018-IT Cell

Dated: 18th May, 2018

Dear Sir,

As you are aware, 21st June has been declared as International Day of Yoga (IDY). The fourth IDY will be celebrated on 21st June, 2018 world over. It is heartening to note that various Ministries, Departments, States and UTs have already initiated preparatory steps to observe IDY in befitting manner.

2. Common Yoga Protocol (CYP) is the centre-piece of all activities related to IDY. The Asanas and practices forming part of the CYP are selected in such a way as to yield the maximum health and well-being rewards to a diverse group of people from different profiles of health, age etc. Yogic practice shall start with a prayer or prayerful mood to enhance the benefits of practice.

3. To promote the adoption of CYP, the Ministry of AYUSH will be sharing Yoga Prayer and Common Yoga Protocol videos on Social Media Platforms of Ministry of AYUSH from 21st May, 2018 onwards. The URL for the Social Media Platforms is as follows: Facebook: <http://www.facebook.com/moayush/>, Twitter : <http://twitter.com/moayush>, Instagram: <http://www.instagram.com/ministryofayush/> and Yoga portal: <http://yoga.ayush.gov.in/>.

4. All Ministries/ Departments/ States/ UTs are requested to share Prayer and Common Yoga Protocol video clips on their web portals and social media accounts, so that it can reach out to masses and in turn to help disseminate this invaluable information to benefit the various strata of population for their well-being.

For already sent
to JS(A)/JS(NULM)/
JS(W&A) on 23/5/18
By No. 108072

With regards.

Yours sincerely,

(Rajesh Kotecha)

Shri Durga Shanker Mishra,
Secretary,
Ministry of Housing & Urban Affairs,
Nirman Bhawan,
New Delhi-110001

JS(A)
JS(NULM)
JS(W&A)

Adm. 5
Ar. Dr. M. I.